

The Greeting

Grace, mercy and peace from God our
Father and the Lord Jesus Christ be
with you all
and also with you.

Opening Responses

[from *Fire and Bread*, Wildgoose Publishing]

Round about us,
here among us,
God of promise and love.

Good and faithful,
strong in mercy,
God of promise and love.

Calling our names,
bidding us welcome,
God of promise and love.

Hymn No. 207 (Heinlein)

Forty days and forty nights
thou wast fasting in the wild;
forty days and forty nights
tempted, and yet undefiled:

sunbeams, scorching all the day,
chilly dew-drops nightly shed;
prowling beasts about thy way;
stones thy pillow, earth thy bed.

Let us thy endurance share,
and from earthly joys abstain,
with thee watching unto prayer,
with thee strong to suffer pain.

And if Satan, vexing sore,
flesh or spirit should assail,
thou, his vanquisher before,
grant we may not faint nor fail.

So shall we have peace divine;
holier gladness ours shall be;
round us too shall angels shine,
such as ministered to thee.

Keep, O keep us, Saviour dear,
ever constant by thy side;
that with thee we may appear
at the eternal Eastertide.

Collect for Purity

(Please remain standing)

Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are
hidden;
cleanse the thoughts of our hearts
by the inspiration of your Holy
Spirit,
that we may perfectly love you,
and worthily magnify your holy
name; through Jesus Christ our
Lord. Amen.

The Penitence

Hear what our Lord Jesus Christ says:
You shall love the Lord your God with
all your heart and with all your soul
and with all your mind.

This is the first and great commandment.

And the second is like it.

You shall love your neighbour as yourself.

On these two commandments depend all the law and the prophets.

**Lord, have mercy on us,
and write these laws in our hearts.**

God so loved the world that he gave his only Son Jesus Christ, to save us from our sins, to intercede for us in heaven, and to bring us to eternal life.

(Please sit or kneel)

[Silence]

The Penitential Kyries for Lent

In the wilderness we find your grace:
you love us with an everlasting love.

Lord, have mercy
Lord, have mercy

There is none but you to uphold our cause;
our sin cries out and our guilt is great.
Christ, have mercy
Christ, have mercy

Heal us, O Lord, and we shall be healed;
restore us and we shall know your joy.
Lord, have mercy
Lord, have mercy

***We observe the custom of omitting the
Gloria in Excelsis in Lent.***

THE MINISTRY OF THE WORD

The Collect of the 1st Sunday in Lent

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ our Lord. **Amen**



The Gradual Hymn - Hymn No. 136 (Winchester New) *[Verses 1-3]*

On Jordan's bank the Baptist's cry
announces that the Lord is nigh;
awake and hearken, for he brings
glad tidings of the King of kings.

Then cleansed be every heart from sin;
make straight the way for God within;
prepare we in our hearts a home,
where such a mighty guest may come.

For thou art our salvation, Lord,
our refuge and our great reward;
without thy grace we waste away,
like flowers that wither and decay.

The Holy Gospel - Mark 1: 9-15

(Please stand)

Hear the Gospel of our Saviour Christ, according to Mark, chapter 1, beginning at verse 9.

Glory to you, Lord Jesus Christ.

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. ¹⁰And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. ¹¹And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

¹² And the Spirit immediately drove him out into the wilderness. ¹³He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

¹⁴ Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, ¹⁵and saying, 'The time is fulfilled, and the kingdom of

God has come near; repent, and believe in the good news.'

This is the Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Hymn No. 136 (Winchester New)

[Verses 4-5]

To heal the sick stretch forth thine hand,
and bid the fallen sinner stand;
shine forth, and let thy light restore
earth's own true loveliness once more.

All praise, eternal Son, to thee,
whose advent doth thy people free;
whom with the Father we adore,
and Holy Ghost for evermore.



The Sermon

The Nicene Creed (shortened version)

***We believe in one God,
the Father, the Almighty,***

*maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord,
Jesus Christ, the only Son of God.
We believe in the Holy Spirit,
the Lord, the giver of life.
Amen.*

Intercessions *(Please kneel or sit)*

Lord, in your mercy,
hear our prayer.

*Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.*



Due to the Covid-19 restrictions we are not permitted to share a sign of peace in the way that we usually would... maybe a smile or a wave would be good!

The Introduction to the Peace for Lent *(Please stand)*

Being justified by faith, we have peace with God through our Lord Jesus Christ. *Romans 5: 1, 2*

The peace of the Lord be always with you.
And also with you.

The Offertory Hymn - No. 94 (Camberwell) *[Verses 1, 4, 5]*

1. In the name of Jesus every knee shall bow, every tongue confess him King of glory now; 'tis the Father's pleasure we should call him Lord, who from the beginning was the mighty Word.

4. Humbled for a season, to receive a name from the lips of sinners unto whom he came; faithfully he bore it, spotless to the last, brought it back victorious when from death he passed.

5. Bore it up triumphant with its human light, through all ranks of creature to the central height; to the eternal Godhead, to the Father's throne, filled it with the glory of his triumph won.

THE MINISTRY OF THE SACRAMENT

The Taking of the Bread and Wine
Christ, our passover has been sacrificed for us,
therefore let us celebrate the feast.

The Great Thanksgiving - Prayer 3

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

Father, Lord of all creation, we praise you for your goodness and your love.

When we turned away you did not reject us. You came to meet us in your Son, welcomed us as your children and prepared a table where we might feast with you.

In Christ you shared our life that we might live in him and he in us.

He opened wide his arms upon the cross and, with love stronger than death, he made the perfect sacrifice for sin.

Lord Jesus Christ, our redeemer, on the night before you died you came to table with your friends. Taking bread, you gave thanks, broke it and gave it to them saying,

Take, eat, this is my body which is given for you; do this in remembrance of me.

Lord Jesus we bless you: you are the bread of life.

At the end of supper you took the cup of wine, gave thanks, and said,

Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins; do this, as often as you drink it, in remembrance of me.

Lord Jesus, we bless you: you are the true vine.

Praise to you, Lord Jesus Christ:
***dying, you destroyed our death,
rising, you restored our life;
Lord Jesus, come in glory.***

Holy Spirit, giver of life, come upon us now; may this bread and wine be to us the body and blood of our Saviour Jesus Christ.

As we eat and drink these holy gifts make us, who know our need of grace, one in Christ, our risen Lord.

Father, Son and Holy Spirit, Blessed Trinity: with your whole Church throughout the world we offer you this sacrifice of thanks and praise and lift our voice to join the song of heaven, for ever praising you and saying:

***Holy, holy, holy Lord
God of power and might.
Heaven and earth are full of your glory.***

***Hosanna in the highest!
Blessed is he who comes in the name of the Lord.***

Hosanna in the highest!

Thanks be to you, our God, for your gift beyond words.
Amen. Amen. Amen.

The Lord's Prayer



The Breaking of the Bread

The bread which we break is a sharing in the body of Christ.

We being many are one body, for we all share in the one bread.

The Invitation

Due to COVID-19 restrictions and in the interests of having as little movement of the congregation as possible, please remain in your seat to receive Holy Communion.

The Communion



The Great Silence

You are invited to take some time to reflect, having received Holy Communion.

The Post Communion Prayer

***Lord God,
you renew us with the living bread from heaven.
nourish our faith,
increase our hope,
and strengthen our love:
and enable us to live by every word that proceeds from out of your mouth;
through Jesus Christ our Lord.
Amen.***

The Blessing for Lent

Christ give you grace to grow in holiness,
to deny yourselves,
and to take up your cross and follow him: and the Blessing . . .

Hymn - No. 94 (Camberwell)

[Verses 7-8]

7. In your hearts enthrone him;
there let him subdue
all that is not holy,
all that is not true;
crown him as your captain
in temptation's hour,
let his will enfold you
in its light and power.

8. With his Father's glory
 Jesus comes again,
 angel hosts attend him
 and announce his reign;
 for all wreaths of empire
 meet upon his brow,
 and our hearts confess him
 King of glory now.

Closing Responses and Dismissal

[from *Fire and Bread*, Wildgoose Publishing]

God is among us:
shout the good news.

God is ahead of us:
trust the good news.

God is within us:
live the good news.

Go in peace to love and serve the
 Lord.
In the name of Christ. Amen.

Congratulations!

The Rev. Suzanne Harris
 has been appointed by the Archbishop
 to look after the parishes of
 Castlemacadam (Avoca) with
 Ballinatone (Ballinaclash) and
 Aughrim.

She will be doing this in a part-time
 capacity until the end of the academic
 year, when she will be retiring from

Newpark School. At that stage,
 Suzanne will become the Priest-in-
 Charge of those parishes, with the
 possibility of becoming the Rector, at
 some stage in the future. We are
 delighted for her and we know how
 blessed Castlemacadam, Ballinatone
 and Aughrim are to have her looking
 after them. We wish her every
 blessing on this new chapter of her
 ministry.

WHAT'S ON...

Whilst some of these things go on
 throughout the year, you might like to try
 them in Lent; to take something up, rather
 than give something up...

CHRISTIAN MEDITATION

by Zoom

Tuesday afternoon—3.30pm—4.10pm

Contact Irene on 087-2755423

irene.reid1052@gmail.com

*This might be something that you
 would 'take up' and try for Lent.
 The sense of peace and calm is
 wonderful.*

MIDWEEK

PRAYER AND CHAT

WEDNESDAY

10.30-11.00

via Zoom

<https://us02web.zoom.us/j/82865214531?pwd=Z0hoeVNFWXI1TVZMVVI2a3h5d3Z3Zz09>

MIDWEEK REFLECTION IN LENT

Wednesday

20.00 - 20.30

via Zoom

<https://us02web.zoom.us/j/89886970351?pwd=dndHamd2M1hIOHNtZitpMFpucVZ1dz09>



Lenten Challenge 5km a day



Gillian has started... so far, so good!

She intends to walk 5km every day of Lent 2021

Wednesday 17th February – Saturday 3rd April 2021

in aid of:

**The Irish Cancer Society
Protestant Aid
Parish Funds**

We are in difficult times, and for many, this third lockdown has been, and is, the hardest. In Lent 2021, I am suggesting that rather than giving things up, that we could pull together as a parochial group for our mental, spiritual, emotional and physical wellbeing and health, whilst at the same time raising funds for three charities.

The idea is to try and do 5km a day, whether you walk it, cycle it or run it.

If 5km is too much, set yourself a lower target; if it is too easy, set a higher one! Or you can set yourself whatever challenge works for you: learning the 'Jerusalem' and dancing it every day in Lent; learning sign language... it's up to you, but do something that benefits you physically, mentally, emotionally and spiritually, this Lent.

The money raised will be divided equally between the three charities.

Last year, the **Irish Cancer Society's** major fundraiser, Daffodil Day, was severely affected by COVID-19 and it will be again this year. Each year, on the fourth Sunday of March, we have a Daffodil Service followed by a Daffodil Coffee Morning with a Bring-and-Buy, in aid of the Irish Cancer Society, but, of course, we were not able to have it last year and we will not be able to have it this year. **Please note that we will be having a Daffodil Service as part of our Palm Sunday Service on Sunday 28th March 2021.**

Protestant Aid (also known as PA) is the Church of Ireland version of St Vincent de Paul. It treats genuine calls for help equally, regardless of religious, ethnic or social backgrounds.

It was established as a charity over 180 years ago to relieve deprivation in Ireland.

*Its primary activities include:
Grants to alleviate poverty or distress*

- *Annuities for the elderly*
- *Allowances for heating/energy costs*
- *School expenses*
- *Second-level education grants*
- *Third-level loans*
- *Sheltered housing and nursing care for over 200 elderly people through our sister companies, the Brabazon Trust and St John's House*

And the third cause to benefit is our parishes.

You can help by sponsoring or donating to Gillian's 5km Lenten Challenge, or you could take up a Challenge yourself.

As we are in lockdown, we are conscious of people handling money, so donations may be made via the GoFundMe page

<https://gofund.me/996d06a6>

or by online banking to

**Boooterstown and Mount Merrion
Account**

IBAN: IE92ULSB 985330 00606072

BIC: ULSBIE2D

or a cheque payable to *Boooterstown and Mount Merrion Account*